

HEALTH & BEAUTY ROOMS

the
BEAUTY
Spot



LISIEUX HOUSE, TOWNSEND STREET, SKIBBEREEN





the
BEAUTY
spot

Welcome to the Beauty Spot. A unique style beauty salon. The Beauty Spot established in 1993 is one of West Cork's longest established beauty salons. Proprietor Elaine O'Sullivan and her dedicated team of expert beauty therapists offer a wide range of face and body treatments using Decléor and Dermalogica skin care in a professional and friendly atmosphere.

We offer our clients loyalty discounts and have regular special offers and treatment packages in our luxurious surroundings, while ensuring you a deeply relaxing and enjoyable experience. We hope you enjoy your visit with us.

face



DERMALOGICA FACIAL TREATMENTS

All Dermalogica facial treatments include Face Mapping. You are advised to come to the salon 15 minutes prior to your appointment for your first Dermalogica facial. This allows time to fill out your consultation card.

DECLEOR FACIAL TREATMENTS

These facials include an introductory back massage using Decleor essential oils and specialised masks tailored to your skin type.

SKIN SCANNER WITH SKIN SCANNER

€10

The Skin Scanner uses black light allowing therapist and client to look 'beneath' the skin to reveal its true condition. This allows skin care therapists to recommend products suitable for home care use and also in determining which skin care treatment is most suitable at the salon. The cost of the skin analysis is redeemable with purchases of Decleor and Dermalogica skin care at the salon.

AROMAPLASTIE FACIAL

Allow 1 hour 15 minutes

€55

Decleors signature treatment allows you to discover the benefits of aroma skin care. It targets the specific needs of each skin type. The Aromaplastie Mask is a 100% natural poultice consisting of a multi-vitamin plant powder, leaving the skin soft and velvety.

AROMA EXPERT ESSENTIAL

Allow 1 hour 15 minutes

€66

This radiance facial is a hydrating treatment for all skin types. With vitamin C included skins it reinforces the skins resistance to harmful environmental effects and leaves the skin supple and perfectly hydrated. Ideal before a special occasion.

NUTRI SOIN FACIAL

Allow 1 hour 15 minutes

€66

Nutri Soïn is a dual action treatment which nourishes and hydrates the driest of skins. Highly concentrated in active plant ingredients and essential oils, it protects the epidermis from aggressive climatic effects.

HARMONIE EXTREME

Allow 1 hour 15 minutes

€66

Specifically designed for sensitive and reactive skins, this facial soothes and calms the skin giving immediate comfort and combatting redness. The soothing action quickly rebalances the skin and restores comfort.

EVIDENCE FACIAL

Allow 1 hour 15 minutes

€65

This anti-ageing facial slows down the first signs of fine lines and wrinkles. Marine algae, minerals, essential oils and plant extracts restore a smooth and rested appearance to the skin.

AROMA EXPERT LISSAGE

Allow 1 hour 30 minutes

€77

This sculpting facial gives an instant lifting and plumping effect to lines and wrinkles from the age of 40. Corn extract firms and nourishes the skin while maca extract has an exfoliating effect for long lasting radiance.

LISAGE EXCELLENCE

Allow 1 hour 30 minutes

€88

Advanced professional solution to treat mature skin from the age of 50 to reveal regenerated, firmer and more radiant skin.

SEBARROEIC FACIAL

Allow 1 hour 15 minutes

€55

This treatment is ideal for very oily skin with blocked pores. It involves facial steaming with blackhead removal. A suitable aromatherapy oil helps to rebalance the skin and absorb excess sebum.

MINI FACIAL

Allow 1 hour

€35

This is a basic facial suitable for teenage, oily skins. Facial steaming opens pores and blackheads are extracted. A suitable mask helps close pores.

FRENCH FACIAL

Allow 45 minutes

€31

This ideal lunch time facial includes facial massage and a choice of mask.

FRUIT ACID FACIAL

Allow 30 minutes

€27

Recommended for all skin types fruit acids (AHA's) eliminate dead skin cells leaving the skin radiant and smooth.

VITAL EYES

Allow 30 minutes

€27

Helps reduce fine lines and wrinkles in this fragile area. Can be easily incorporated into all facials.

MAKE UP

Cleanse and make up

€20

Make up lesson

€40

Individual Lashes

€25

Strip Lashes

€20

Bridal Make up including trial

€50

For a complete list of our wedding services including our call out service please refer to our wedding brochure.

EAR PIERCING

Includes sterilized ear piercing in an assortment of colours

€20

PRESCRIPTIVE TREATMENT

Allow 1 hour 30 minutes

€65

Customised facial based on Face Mapping Analysis. Unique to each individual this facial includes deep cleansing, exfoliation, massage and masque.

EXPRESS DERMALOGICA TREATMENT

Allow 1 hour

€40

Dermalogica mini treatment can be adapted to any skin type.

AGE SMART TREATMENT

Allow 1 hour 30 minutes

€85

Most powerful Dermalogica treatment for prematurely ageing, dry, sun damaged skin, providing nourishment and regeneration. Skin will be noticeably firmer, smoother and revived.

EXPRESS AGE SMART TREATMENT

Allow 1 hour

€55

Mini Age Smart Treatment for those days you have little time.

CHROMAWHITE TRX TREATMENT

Accelerate brightening, improve skin tone, enhance skin clarity and create a fresher, healthier appearance with this effective treatment.

€75

MEDICATED CLEARING TREATMENT

Allow 1 hour 30 minutes

€65

Acne and blackheads have finally met their match! Our medicated clearing treatment will focus on purifying your skin with deep cleansing followed by extraction and masque.

GENERAL GROOMING

Eyebrow Wax	€7
Eyebrow Trim	€7
Eyelash Tint	€12
Eyebrow and Eyelash Tint (24 hour patch test required before first eyelash tint at the salon)	€15
Chin Wax	€7
Lip and Chin Wax (Cool and Hot Wax available)	€12
Lip Bleach	€7

APILUS ELECTROLYSIS

The Apilus method of electrolysis is more efficient and comfortable than any other method of electrolysis.

10 minutes	€18	15 minutes	€22
20 minutes	€25	30 minutes	€30

LHE LIGHT HEAT ENERGY LASER

A patch test is required prior to 1st treatment allowing 48 hours until 1st full treatment. A course of treatments will be necessary for optimum results. Allow 45 minutes.

Consultation and patch test (redeemable against first treatment)	€45
Offer - Every second treatment is half price - enquiries from salon.	

LHE HAIR REMOVAL

Upper Lip	€80
Chin	€80
Upper lip and chin	€135
Underarms	€150
Bikini line	€150

Legs can also be treated. For a price please ask your therapist

body



THE SKIN REJUVENATION

Treats fine lines and wrinkles, pigmentation, sun spots and thread veins.

Full face - lines and wrinkles €200

Cheeks €90

Hands €100

Isolated areas from €80

Acne and Psoriasis treatments available. 8 treatments over a 4 week period is recommended.

HANDS

Beauty Spot Manicure €20

Beauty spot manicure with shellac nail paint €45

Shellac Nail Paint	€30	Shellac French Nail Paint	€35
Lasts up to 14 days with a choice of colours			
Beauty Spot Manicure with French Polish			€25
Jessica Manicure			€30
Nourishing manicure with heated mittens			
Paraffin Wax Manicure			€30
Beauty Spot manicure with warm paraffin wax to nourish dry skin			
Nail Shape			€7
Nail Shape and Paint			€10
French Paint			€14
Express Nails			€30

FEET

Beauty Spot Pedicure with Spa Pedicure Chair			€40
Beauty spot pedicure with Spa Pedicure Chair and shellac paint			€65
Beauty Spot French Pedicure with Spa Pedicure Chair			€45
Callus Peel Pedicure with Spa Pedicure Chair			€65
ideal for removing dry, hard skin			
Paraffin Wax Pedicure with Spa Pedicure Chair			€50
ideal for nourishing dry feet			
Shellac Nail Paint	€30	Shellac French Nail Paint	€35
Lasts up to 14 days with a choice of colours			
Beauty Spot Pedicure			€35
Beauty spot Pedicure with shellac nail paint			€60
Beauty Spot French Pedicure			€40
Callus Peel			€30
removes dry, hard skin from the feet			
Callus Peel Pedicure			€60
ideal for removing dry, hard skin			
Paraffin Wax Pedicure			€45
ideal for nourishing dry feet			

body

BODY BEAUTIFUL TREATMENTS

WAXING

Half leg wax	€16
Half leg wax incl. back of thigh	€20
Full leg wax	€27
Full leg wax incl. basic bikini	€30
Full leg wax incl. extended bikini	€38
Full leg wax incl. Californian bikini	€48
Full leg wax incl. Brazilian bikini	€58
Full leg wax incl. Hollywood bikini	€78
Three quarter leg wax	€21
Upper leg wax incl. basic bikini	€24
Upper leg wax incl. extended bikini	€32
Upper leg wax incl. Californian bikini	€37
Upper leg wax incl. Brazilian bikini	€47
Upper leg wax incl. Hollywood bikini	€67
Back of thigh wax	€6
Arm wax	€15
Underarm wax	€10
Arm bleach	€15

SPECIALISED BIKINI WAXING

Californian, Brazilian and Hollywood Waxing	
Basic bikini wax	€10
Extended bikini wax	€18
Californian bikini wax	€25
Brazilian bikini wax	€35
Hollywood bikini wax	€55

STAND UP SUNBED

Course of 10 sessions (69 minutes)	€60
3 minutes per session	€4
6 minutes per session	€7
7minutes per session	€9

FALSE TAN

Please wear dark clothing to the salon to avoid staining clothes.
St.Tropez Spray Tan and Vani-T Organic Spray Tan. It is essential to exfoliate and moisturise the body in the days prior to your spray tan application.

	1 Application	2 Applications
Full body tan	€55	€65
Top tan	€30	€35
Top and half leg tan	€40	€45
Top and full leg tan	€50	€55
Full leg tan	€30	€35

TOP IMAGE TAN

Instant tan lasting 3 days	
Full body tan	€35
Top tan	€15
Top and half leg tan	€25
Top and full leg tan	€30
Full leg tan	€15
Half leg tan	€13

body

MALE TREATMENTS

Dermalogica Skin Treatment	€55
Deep cleansing is followed by steam and blackhead removal. Skin is rehydrated with a customised treatment masque.	
Upper Back Wax	€20
Full Back Wax	€25
Chest Wax	€20
Chest and Abdomen Wax	€25

UNIVERSAL CONTOUR BODY WRAP

Natural minerals and 100% sea clay guarantees inch loss, reduces cellulite, detoxifies the body and nourishes the skin. This is a must have for parties, weddings, holidays and any other time you want to look your absolute best!

Allow 2 hours

1 wrap	€70
Course of 3 wraps	€190

Please bring along a change of underwear and a towel.

VOLCANIC HOT STONE BODY TREATMENT

Allow 2 hours €120

The ultimate pampering treatment beginning with a full body exfoliation. Enjoy a full body massage with heated volcanic stones while cool stones are massaged on the face. A warm remineralising body mask is applied to the body nourishing the skin re-establishing the balance of the body. You are wrapped in a heated blanket for maximum benefit and comfort.

REVITALISING BODY TREATMENT

Allow 1 hour

€60

This treatment involves full body exfoliation and remineralising body mask leaving your skin silky smooth and deeply nourished. You are wrapped in a heated blanket for maximum benefit and comfort.

BODY EXFOLIATION

Full Body Exfoliation. Allow 30 minutes

€30

Ideal before a spray tan or holiday. Leaves your skin silky smooth and glowing!

DERMLOGICA BEAUTIFUL BACK

Allow 1 hour

€50

This is essentially a dermalogica facial for the back. It includes exfoliation, blackhead removal and mask. Ideal for breakouts or before going on holiday.

MASSAGE

SWEDISH BODY MASSAGE

Allow 1 hour

€55

This massage technique eases muscle tension in the body.

SWEDISH BACK MASSAGE

Allow 30 minutes

€30

Reduces stress and muscle tension in the back

body



SWEDISH BACK MASSAGE

Allow 1 hour

€55

An extended back massage for those times the back needs a little extra time.

HOT STONE BODY MASSAGE

Allow 1 hour

€65

A must for those who suffer recurring muscle tension in the body and who enjoy a deeper massage.

HOT STONE BACK MASSAGE

Allow 30 minutes

€40

A deep pressure massage which concentrates on relieving stress and tension in the back.

INDIAN HEAD MASSAGE

Allow 45 minutes

€40

A specialised technique incorporates massage of the neck, head, shoulders and face. Helps to relieve headaches and reduce stress. It also stimulates hair and nourishes the scalp.

REFLEXOLOGY

Allow 1 hour

First visit

€50

Subsequent visits

€45

This massage is based on the belief that each organ of the body corresponds to a reflex point on the foot. Using gentle thumb and finger pressure the therapist releases blockages, re-establishes the body's energy flow thereby encouraging the body to heal itself at its own pace.

PLATINUM DETOX

Allow 30 minutes

1 session

€45

Course of 6 sessions

€200

Positive and negative ions work to restore and re-balance the body's bio-energetic field by drawing toxins out through the soles of the feet. Ideal after an illness or in conjunction with a diet.

HOPI EAR CANDLING

Allow 30 minutes

€30

Deep self cleansing treatment for the ear. Ideal for alleviating sinus problems, stress, headaches and migraines.

body

PACKAGES

GIRLS NITE OUT PACKAGE

Upper body top image tan
Cleanse and make up
Eyelash extensions €55

GIRLS JUST WANNA HAVE FUN PACKAGE

Full Body Spray tan
Cleanse and make up
Nail shape and paint
and free lipstick or gloss €105

YUMMY MUMMY PAMPER PACKAGE

Allow 1 hour 15 minutes €65
French facial
Relaxing leg massage
Toe nail shape and french paint

We offer regular treatment packages. Please enquire from one of our therapists for new offers.
Bridal packages available. Please refer to our wedding brochure.

GIFT VOUCHERS

A great gift idea. You can purchase these for treatments, products packages or euro amount. Gift vouchers are non refundable and non redeemable for cash. The voucher can be used for products and treatments and is valid for 12 months from date of purchase. Gift vouchers can be posted for your convenience.



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OPEN HOURS

Tuesday - Friday 9.30 am to 6pm

Saturday 9.30 am to 5pm

Open through lunch &
late evening by appointment.

24 hour cancellation of appointments appreciated.

T: 028 22737 E: www.beautyspotsalon.com

